

Matricia Prevention Institute

Overweight -Diabetes-Stress



Matricia Prevention Institute

Model

Expectations & Needs Evaluation

Explanations & Recommendations

Process Learning

Final check up

Follow-up



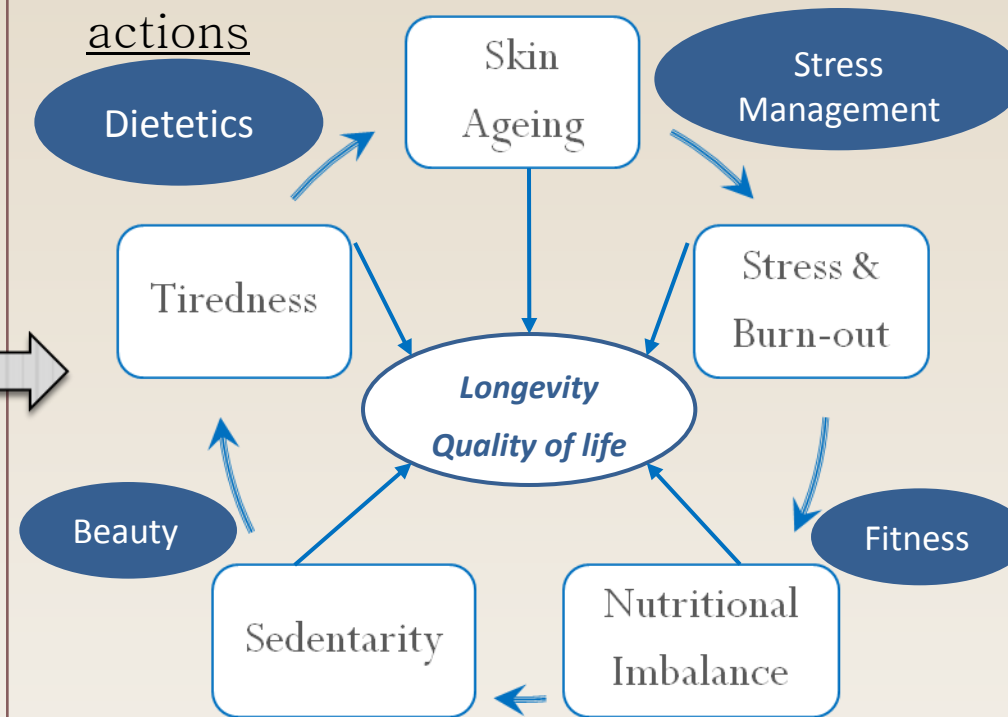
Initial Check-up by Health Professionals :

- ✓ Nutritional assessment and proteomics
- ✓ Cardiovascular parameters
- ✓ Exercise tolerance
- ✓ Morphometric assessment
- ✓ Stress Index

Tailored Program :

- ✓ Rehabilitation / Resourcing
- ✓ Nutritional Imbalance support
- ✓ Wealthy Cooking "Atelier"
- ✓ Correction of Proteomic Imbalance
- ✓ Integrated Stress Management
- ✓ Sport coaching
- ✓ Daily Follow Up

Axes of actions



- Phone
- Internet
- SMS
- Consultation



Departments

Psychology	Internal Medicine	Nutrition Diabetes
Aesthetic Medicine	Cardiology	Sports Medicine



**Matricia Prevention
Institute**

**Health Area
"Rehabilitation"**

Welcome desk

**Convention Center
80m²**

**Planning
Secretary offices
100m²**

**Logistics
100m²**

**Conviviality Area
200m²**

Follow-up

**Medical Diagnostic
200m²**

Check up

**Dietetic
« Atelier »
80m²**

**Micro-surgery
Emergency
100m²**

Diabetes

**Nutrition
Overweig
ht**

**Therapeutic
Education**

**Consultations
Day Care
250m²**

**Physical
Activities
120m²**

**Aqua Gym
Aqua Byke
130m²**

Cardiovascular

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Wellbeing Area "Resourcing"

Welcome desk

Planning
100m²

Follow-up

Medical
Coordination

Check up

Conviviality Area
100m²

Beauty
Center
200m²

Boutique

Logistics
80m²

Jacuzzi
Hammam
50m²

"Tisanerie"

Relaxation

Massage
Cabins
Floating baths
250m²

Dietetic
Atelier
100m²

Restaurant
200m²

Conference Room
60m²

Aqua Gym
Aqua Byke
130m²

Exercise
Training
120m²

Sport
Coaching

Fitness

Matricia Prevention Institute

Staff

General Manager

Quality Control



Bodycare

6 Masseurs full time
2 Masseurs part time
2 Beauticians



Reception

Welcome / Follow-up
4 persons



Medical Doctors

2 General Practitioners
1 Nutritionist
1 Diabetologist
1 Cardiologist
1 Sports Medicine
1 Rheumatologist
1 Aesthetic Specialist



Paramedical

3 Dieticians
2 Psychologists
3 Nurses
2 Sports Coachs
2 Physiotherapists
2 Osteopaths



Nutrition

1 "Chef"
2 Cooking Assistants

Matricia Prevention Institute

The medicine is the art to preserve the health and possibly to cure the diseases

(Ibn Sina. Poem on the medicine)

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